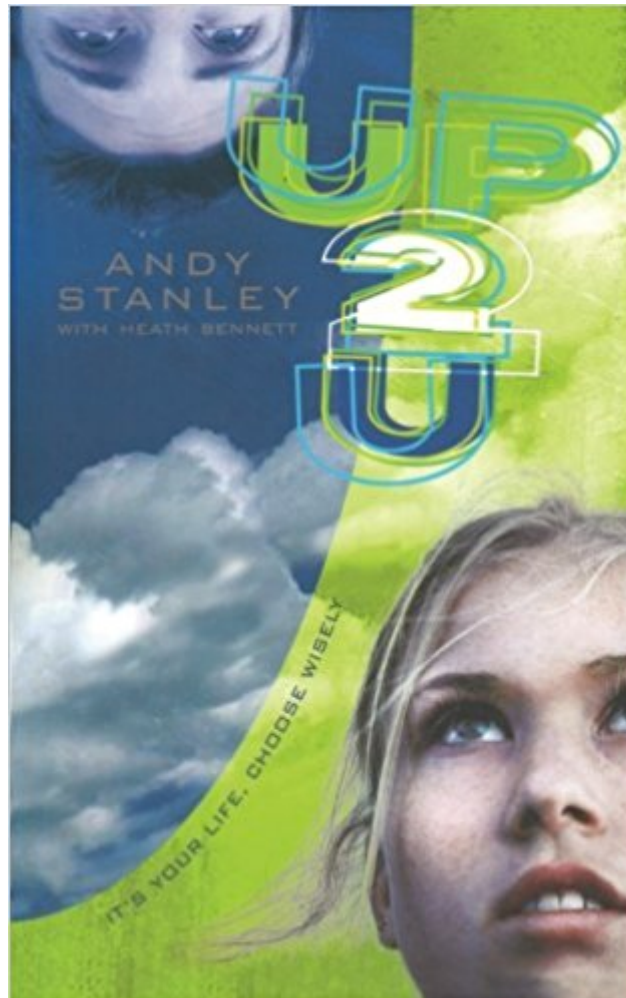




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# Up To You: It's Your Life, Choose Wisely



## Synopsis

You Can Have the Life You Want You're on the brink of life! Sure, you've had one for a while now, but the teen years are the prime time to define the rest of your life. But how, realistically, can you secure a regretless future in the face of so many major, life-changing decisions? Now, by asking just one simple question, you'll make the best decision every time. And a bright future—one with no lumps in your throat, sinking sensations in your chest, or weight on your shoulders—will be yours! From dating dilemmas to career aspirations, you can confidently chart a successful course in every area of your life. But no one else will do it for you. It's entirely up to you. Yesterday You made a choice. Today It's no big deal. Tomorrow You're wondering, What was I thinking?! Now, by asking just one simple question, you can avoid regret before it defines your life. This powerful question will enable you to navigate your way to the life you've always wanted. Many consider this the best question ever. You are about to find out why! It's your life. And life is full of choices. What kind of choices will you make? It's up to you! Story Behind the Book After continually making decisions that were short-sighted and hasty, Andy Stanley sought counsel. In Ephesians 5:15 he read, "Be very careful, then, how you live—not as unwise but as wise." It was there that Andy discovered what he considers to be the best question ever, and it is presented here in this book for teen readers. The goal is for the younger generation to grasp the power of this question, and as they face major (and minor) life decisions, they will make them with confidence. As they move forward making sound decisions every time, they'll guarantee themselves a future with no regrets!

## Book Information

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## Customer Reviews

Andy Stanley [Ã](#) [Ã](#) [Ã](#) Communicator, author, and pastor, ANDY STANLEY founded Atlanta-based North Point Ministries in 1995. Today, NPM is comprised of six churches in the Atlanta area and a network 30 [Ã](#) [Ã](#) churches around the globe collectively serving nearly 70,000 people weekly. [Ã](#) [Ã](#) As host of Your Move with Andy Stanley, with over five million messages consumed each month through television and podcasts, and author of more than 20 books, including The New Rules for Love, Sex & Dating, Ask It, How to Be Rich, Deep & Wide, Visioneering, and Next Generation Leader, he is considered one of the most-influential pastors in America. [Ã](#) [Ã](#) Andy and his wife, Sandra, have three grown children and live near Atlanta. From the Hardcover edition.

May be cliché but this can definitely be one "gift that keeps on giving". I would HIGHLY recommend it for any of those "transition" ceremonies for youth to young adult; certainly for ages 16 thru college graduation. It could equally benefit a Youth Group, Engagement group, and Newlyweds. But for anyone, at any stage, the "best question(s) ever" can be applied with positive and restorative effects. Just try to ensure with some creative accountability that whoever you give it to will read it. Fish aren't caught with a fishing pole sitting in a corner; so, in the same way this book has value in application/use. And by the way, it is a very easy read: shallow gold !

Great book!! I would recommend this book to all kids 13 and up. It really helped me understand some things that were confusing to me

Love Andy Stanley and his practical writing approach! Read this book several times alone and with my teen. I love the way he incorporates scripture without sounding too preachy, judgmental, and critical. Excellent resource!

I read this book to my kids and we enjoyed it and helped me to have an open conversation with my kids about difficult subjects.

I previewed the book, and thought it was a great option for a teen niece going thru some tough times. As teens often can be, she was too childish to actually read it, so the intent was wasted. But

based on what I read, my undergrad in Psych tells me this is a good, values-based read.

Wonderfully inspiring!

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